

## **St Clair Thomson Adenoid Curette**



The adenoid curette is used in adenoidectomy operations.

The instrument has a strong handle, a shaft and a curette at the tip. The curette itself is a curved, square window that allows for the tissue to engage in it.



An adenoid curette with cage comes with a detachable guard that has teeth to hold the removed tissue.

### **How the adenoid curette is used**

For the adenoidectomy operation, the patient lies supine in the neutral position. The mouth is held open with a mouth gag. The curette is held at the handle like a dagger. The curette is then introduced into the oral cavity, all the way above and behind the soft palate. The adenoid tissue is caught in the curette and removed with a smooth, shaving movement.

Adenoidectomy was earlier performed as a blind procedure. A nasal endoscope can now be used to visualize the procedure.

### **More information**

- Endoscopic adenoidectomy achieves better results and lesser complications as the procedure is performed under visualization.
- Endoscopic adenoidectomy can be performed using endoscopic instruments and/or microdebrider.
- Hypertrophied adenoids cause nasal obstruction, nasal discharge and predispose to ear conditions like otitis media and otitis media with effusion.